

RESOURCES FOR UNDERGRADUATE STUDENTS

Academic course planning

- If you are a 1st or 2nd year BBA student or a student in the Associate of Commerce and Business Administration, get in touch with advising@tru.ca
- If you are a 3rd or 4th year BBA student, in a certificate or diploma program or any post-Bacc programs, reach out to sobedadvisor@tru.ca

Academic Help

- Struggling with an ECON course? Check the Economics help Centre on Moodle. The self-enrolment key is ECON_Help
- Struggling with MATH courses? Visit the Math Help Centre in the Science building Room S201 -
- Struggling with writing courses? Visit the Writing Centre in Old Main or virtually - www.tru.ca/current/academic-supports/writingcentre.html

Supporting and Advising Services

- If you are struggling with your mental health or personal issues, we encourage you to connect with the counselling services at studentservices@tru.ca
- If you are an international student needing assistance or advice not related to academic planning, you can reach out to your ISA at ISA@tru.ca or www.tru.ca/meet
- If you have questions regarding your immigration status in Canada, you can connect with the Regulated International Student Immigration Advisors at RISIA@tru.ca
- If you are an Indigenous student needing support, mentoring or wellness services, you can connect with Cplul'kw'ten by emailing indigenous@tru.ca

Other helpful Student Services

- If you need career counselling and career development or have questions about co-op courses, you can reach out to careereducation@tru.ca
- If you need assistance integrating your study skills with your course content, consider attending a Supplemental Learning Session - www.tru.ca/current/academic-supports/sl.html
- If you need peer-support or health and wellness advice, you can visit the Wellness Centre in Old Main 1479 or visit their website - www.tru.ca/current/wellness/wellness.html .